

REHABILITATION CAMP 2007 FOR LANDMINE SURVIVORS

The rehabilitation camp for survivors from mine and Explosive Remnants of War (ERW) accidents areas started on July 2nd 2007 in the sanatorium “Sadbag” located in the beautiful Romit valley. The Summer camp was organized by TMAC and the NGO “Harmony of the world”. This NGO was responsible for controlling the finance and they received donors support from CIDA and UNICEF. 25 survivors from 11 districts in Tajikistan were nominated and invited for the rehabilitation camp. The camp closed on 14th July 2007.

All activities were conducted at the planned time and according to schedule. There were involved artists, doctors, psychologists, trainers and other specialists in the work of the Summer Camp.

Reputed Tajik psychologist Davlatov Mahmadullo and his colleague Madina Sharipova spent all their time outside with survivors and except their basic planned work had positive influence in helping survivors to cope with varied life situations.



During two weeks survivors obtained medical service (physiotherapy, balneotherapy) at the Camp and were examined by doctors from AVESTO, for usage of the results for the future individual plan of rehabilitation for survivors.



First Aid training of a high standard was conducted by the experienced trainers of Red Crescent Society Dr.Dilorom Mirova and her assistant.



MRE trainings were conducted by Shahrinisso Davlyatova – National Mine Risk Education Coordinator of TMAC and Azam Salokhov from RCST. After trainings some survivors expressed their willingness to be volunteers of MRE program.

There was a very useful Round Table between a representative of Ministry of Labour and Social Protection of Population RT, Shafoatov Safo, and survivors which covered issues of establishing group/degrees of disability for suffered people, pensions, getting access to state education and many other social and economical questions. As a result of this Round table



Generous donation of Richard Kollodge from United Nations Mine Action Service allow to buy a musical instrument for the blind survivor from Rasht Rafiev Husrav. Husrav was presented with a synthesizer YAMAHA PSR – 450 and received several musical classes during his staying in the Camp. Interviews given by TMAC workers to mass-media successfully attracted attention of national society to the survivors' problems.



Classes on painting conducted by the artist Fatima helped survivors to express themselves and so move towards regaining a positive outlook on life. This was one part of the psychological assistance offered.



Excursion to Hissor fortress and sightseeing in the Dushanbe has been organized. Southern Fried Chicken provided all survivors with free lunch. In the Closing Ceremony Open joint-stock company "Information technology" presented to all participated survivors memory presents – vacuum bottles and flatirons, NGO "Avesto" presented coats for women and children.



All participants were gifted by TMAC Certificates and TMAC's summer camp provided an impact on survivors' general health by bringing together physiotherapy and massage in a bright, friendly warm atmosphere.

So, the summer 2007 camp supported psychological rehabilitation through art and creative work under the supervision of professional psychologists and artists, enhanced communication, promoted social contacts and increased self-esteem, helped Landmine Survivors reach further towards sustainable social functioning.

We are sure the summer camp is one stage of assisting Landmine Victims' reintegration to society, helping them to cope with psychological problems and adjustment issues and to assist them to regain and maintain a healthy and positive outlook on life.